

Three Little Birds
Apple Crisp
Granola

Nutrition Facts

1 servings per container

Serving size 1 bag (35g)

Amount Per Serving

Calories **130**

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 90mg **4%**

Total Carbohydrate 25g **9%**

Dietary Fiber 3g **11%**

Total Sugars 6g

Includes 0g Added Sugars **0%**

Protein 6g

Vitamin D 0mcg **0%**

Calcium 26mg **2%**

Iron 1.8mg **10%**

Potassium 188mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.